



3rd Annual Turkey Turn Invitational November 16, 2024

MEET ANNOUNCEMENT

About the Invitational Meet

Date: November 16, 2024

Location: Granby Elementary School

Entry Deadline: November 7, 2024

Hosted by: Fulton Speed Demons

Meet Director: Jessica Austin

fsd.pgboard@gmail.com

Web Site: <https://fultonymca.org/swim/speed-demons-swim-team/>

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ABOUT THE INVITATIONAL MEET

This meet is a sanctioned, closed, inter-association YMCA Invitational meet. This meet and all participants will adhere to the Rules that Govern YMCA Competitive Sports and the Swimming Addendum to the Rules that Govern YMCA Competitive Sports. USA Swimming technical rules will be followed. The meet is YMCA sanctioned and approved by the Fulton Family YMCA.

YMCA Sanction number: xxxxxxxx

ADJUSTMENTS TO THE MEET ANNOUNCEMENTS: The host organization reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. Changes will be communicated as far in advance as possible. None of the required elements of a sanctioned meet may be changed.

MEET TIMELINE: Warm-up and start times for all sessions are subject to change depending on the size of the meet:

10 & Under Session 1; warm-up 7:30 am, Session will begin at 9:00 am

11 & Up Session 2; warm-up 12:00 pm, Session will begin no sooner than 1:00 pm

INCLEMENT WEATHER/CANCELLATION: We will make every effort to inform each team if there is a change in the meet schedule due to inclement weather. However, there will be no entry fee or deck fee refunds due to inclement weather.

LOCATION AND FACILITY

Location: Granby Elementary School, 400 West 7th Street North, Fulton, NY 13069

Emergency Phone Number: (315) 598-9622 (Fulton YMCA)

The Granby Elementary pool is configured as a 6 lane, 25-yard course. Water depth at start is 12.5 feet (minimum 5 feet required) and at turn end is 3.5 feet. Colorado electronic timing system will be used. The competition course has been certified in accordance with 104.2.2C (4).

The facility provides spectator gallery seating for approximately 150 spectators. Areas outside the pool are available for families and swimmers to relax in, including the cafeteria, gym, and hallways.

A clearly designated bullpen will be housed in the cafeteria and a holding area on the pool deck.



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Absolutely no glass bottles are allowed anywhere in the facility.

WEB SITE

Meet Information can be found at: <https://fultonymca.org/index.cfm/programs-classes/aquatics/speed-demons-swim-team/>

Online Meet Results: Meet Mobile

CONTACT INFORMATION

Meet Director: Jessica Austin (fsd.pgboard@gmail.com)

Entry Chairperson: Nicole Ames (nstoutenger@gmail.com)

Meet Referee: Patrick Doran (fsd.pgboard@gmail.com)

Administrative Official: Nicole Ames (nstoutenger@gmail.com)

Officials Coordinator: Patrick Doran (fsd.pgboard@gmail.com)

Safety Director: James Anderson (janderso@fulton.cnyric.org)

NOTICES

Each team will be provided a set number of spectator passes based on team size, for entry into the spectator gallery. Spectators are asked to leave the spectator gallery at the conclusion of their swimmer's event to allow for other spectators to enter the gallery. Each team is responsible for ensuring that their assigned spectator passes are appropriately managed to allow all families access to the viewing area.

ELIGIBILITY

ATHLETE

YMCA Membership: An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 30 days prior to the first day of the meet.

Amateur Status: An athlete may not have represented a college, university or other post-high school institution in any competition and may not have accepted pay or compensation for competing as a swimmer.

Unattached Athletes: There is no "unattached" status in YMCA Swimming.

Age: Age is determined as of your age on December 1, 2024.



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YMCA Meet Participation: Be a current full privileged YMCA member for the team you are representing.

Athletes with a Disability: Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability prior to competition.

COACH

Required Certifications: Coaches must hold current certifications in the following courses in order to receive a deck credential: Professional Rescuer CPR, First Aid, Safety Training for Swim Coaches (a lifeguard certification may be used if accompanied by completion of the Safety Training for Swim Coaches on-line content), Principles of YMCA Competitive Swimming and Diving and Athlete Protection Training. A list of the acceptable certifications can be found in the Swimming Addendum to the Rules that Govern Competitive Sport.

Coach Registration: Each coach must have completed the annual YMCA on-line team and coach registration process prior to the entry deadline. Coaches who are not registered and approved will not be permitted on deck.

Teams without A Coach at the Meet: All athletes and teams must have at least one certified and credentialed YMCA coach designated as being responsible for their supervision during competition. When a YMCA team will not have a coach present, that YMCA may authorize an eligible coach from another YMCA attending the meet to be responsible for their athletes at the meet. The Meet Director and Meet Referee must be notified of this situation.

TEAM

Team Registration: Each team must have completed the annual YMCA on-line team registration and paid the annual registration fee prior to the entry deadline.

Insurance: Each team that participates in the meet must have a current and correct Certificate of Liability Insurance, in effect through the last day of the meet.



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ENTRY INFORMATION

ENTRY LIMITS:

1. There are no restrictions on the number of entries per team in individual events.
2. The host reserves the right to limit the number of heats in certain events as well as close entries at any time.
3. There is no limitation to the number of mixed relays a team may enter in a relay event.
4. Swimmers may swim up to 4 individual events and 1 relay.

USA-S IDs: Only USA-S registered athletes should have an ID number in the Meet Entry File.

ENTRY FEES: \$5.00 per individual event
\$20.00 per relay event (\$5.00 per swimmer)
\$7.00 deck fee (one-time fee per swimmer)

OTHER: T-shirts will be available for sale prior to event through an on-line store and limited quantities/sizes will be available for sale day of event.

ENTRY DEADLINE: November 7, 2024

ENTRY PROCEDURE: Entries are to be submitted electronically. An event fill will be provided. Please email entries to nstoutenger@gmail.com. Please contact the Entry Chairperson if you do not receive confirmation within 24 hours.

PAYMENT: Please submit checks payable to "Fulton YMCA Speed Demons" to this address: Fulton YMCA Speed Demons c/o Lisa Doran, 1742 County Route 6, Fulton, NY 13069. Postmarked by November 8, 2024.

OVER-SUBSCRIPTION: The Meet Manager reserves the right to close entries if the meet size exceeds 400 athletes.

VOLUNTEERS/OFFICIALS/TIMERS

OFFICIALS AND TIMERS: We will need the assistance of other club's officials and timers. Please inform Patrick Doran at fsd.pgboard@gmail.com if you have officials that would like to participate.



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CHECK-IN PROCEDURE

MEET CHECK-IN PROCEDURE: Head coaches should check into the coaches' room.

EVENT CHECK-IN: There will be a positive check-in for the 1000 free.

COACHES MEETING/SCRATCH MEETING: Coaches meeting will be announced prior to each session. Please provide courtesy scratches to the Admin Official.

OFFICIALS AND TIMERS MEETING: Officials and timers meeting will be announced at the meet prior to each session.

MEET PROCEDURES AND OPERATIONS

RULES: The meet will run under Rules That Govern YMCA Competitive Sports, Swimming Addendum to the Rules That Govern YMCA Competitive Sports, CNY Swim League, USA-S Technical Rules.

MEET FORMAT: The meet will be swum using a timed finals format. Swimmer's age will be determined as of December 1, 2024. All relays will be open (any amount of boys or girls).

EVENT SEEDING: Events will be seeded Slowest to Fastest. The Meet Referee/Administrative Official reserve the right to combine heats.

SCRATCH PROCEDURES: An athlete is considered entered into an event unless he/she scratches from that event. If an athlete does not scratch from an event and does not swim the event, that event still counts toward the athlete's total number of events for the meet.

DECLARED FALSE START: An athlete may also withdraw from a heat or swim-off by electing to take a declared false start. Such declaration must be made known to the Deck Referee before the heat or swim off is announced. A declared false start counts as an event swum for the athlete and will be counted in the maximum number of events allowed for each athlete.

WARM-UP SAFETY PROCEDURES: Teams will be assigned lanes for warm-ups.

During designated warm up sessions, athletes may only enter the competition pool feet first. The exception is during specific warm-up periods when sprint lanes are designated for practicing racing starts.

READY BENCH: 10 & under and 11 & up swimmers will be bull panned in the cafeteria.



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STARTS: 'Fly-over' starts will be used at this meet. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.

PROTEST PROCEDURE: Protests against the judgment decisions of starters, stroke, turn, place and relay take-off judges can only be considered by the Referee and the Referee's decisions will be final USA-S Rule 102.23.

CONDUCT AND RESTRICTIONS: The Meet Referee reserves the right to dismiss any swimmer, coach and/or spectator from the competition due to inappropriate conduct

- Deck access is limited to only registered and approved coaches, swimmers, and working officials.
- Deck changes are prohibited.
- No glass containers are allowed in the building.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Massage tables are not permitted.
- Individuals are responsible for the security of their personal belongings and are encouraged not to bring valuables to the meet venue and not to leave items unattended.
- Swimmers are not permitted in the spectator stands.
- Shaving is not permitted in any areas of the building.

AWARDS AND RECOGNITION

SCORING: Individual Events 1st – 12th place:

16-13-12-11-10-9-7-5-4-3-2-1

Relay Events 1st -12th place (*place awards only, no points*)

AWARDS: Heat winners and event places 1st, 2nd, and 3rd will receive awards.

SPECTATORS

ADMISSION FEE: None

HEAT SHEETS: Available for sale.

CONCESSION STAND: There will be concessions available for sale.

T-SHIRTS: Will be available for purchase via an on-line store, in addition there will be a limited quantity of t-shirts available day of invitational.



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SUIT & EQUIPMENT SALES: None on site.

ATHLETE APPAREL: Swimmers must wear shirts and footwear outside the pool deck.

HANDICAP SEATING: Will be available on the pool deck.

CONDUCT AND RESTRICTIONS:

- No Flash Photography at the start of competition races.
- Parents are responsible for the conduct of their children. Children are not allowed to roam the facility unattended.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Deck access is restricted to swimming athletes, coaches, officials, and meet volunteers. All non-athlete members must have proof of registration or a credential while on deck and present them upon meet management request.
- No smoking, drugs, or alcohol are permitted in the building.

LIABILITY, SAFETY AND EMERGENCY PROCEDURES

INSURANCE: Each Association participating in this meet must have insurance coverage for representative(s) including leadership and participants who will be in attendance for the period of travel from their association to the meet, during the entire period of the meet, and return to their association. The Declaration Form must be signed by each YMCA participating in the meet.

LIABILITY LIMITS:

- In granting of the USA-S/Niagara approval, it is understood and agreed that USA Swimming and Niagara LSC shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.
- In granting the YMCA Sanctioning, it is understood and agreed that YMCA of the USA shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.
- It is understood and agreed that Granby Elementary School shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

EMERGENCIES: The facility personnel will handle all emergencies at the meet. These individuals will provide CPR and first aid as needed and will ensure that



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Individuals with serious injuries are transported immediately to the nearest hospital for further treatment. Defibrillators will be on site.

Any coach, athlete or official who recognizes an emergency situation should immediately inform the facility's personnel and then make sure the vicinity of the emergency is clear for the emergency personnel to do their job.

UNACCOMPANIED ATHLETE: Each athlete must have a certified coach responsible for him/her while on the pool deck. The coach of the athlete must authorize in writing a coach from another team to represent their team and be responsible for the swimmer(s).

CONCUSSION AWARENESS: This meet will follow the YMCA of USA Concussion procedure. Anyone who observes or has knowledge of a potential head injury should immediately notify lifeguards and/or hired medical personnel. Once the injury report is completed, the lifeguard and/or hired medical personnel will notify the Event Staff, the athlete's coaching staff, and the Meet Director.

If a head injury occurs, the action plan below will be followed:

1. Athlete is removed immediately from participation by the Meet Director
2. Athlete must be evaluated by a licensed health care professional experienced in identifying and treating concussions. In addition, the athlete must be in compliance with the laws that are in effect within the jurisdiction where the meet is held.
3. The coaching staff will inform the athlete's parents or guardians about the possible concussion and give or send them the fact sheet on concussion.
4. The athlete will not be allowed back to warm-up or compete until a health care professional, experienced in evaluating concussions determines that the athlete is symptom-free and is OK to return to participation.

LIGHTNING POLICY: The National Lightning Safety Institute, National Athletic Trainers Association, American College of Emergency Physicians, USA Swimming, and YMCA of the USA all recommend or require closing an indoor pool during an electrical storm. This policy will be followed at the meet.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

EVACUATION PROCEDURE: Will be announced before each session.



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PARKING

Parking is available in the parking lot directly outside of the pool entrance and in the parking lot in the front of the school, also on the side of the bus loop as long as vehicles can travel safely around the loop.

DO NOT PARK NEAR THE LOADING DOCK ON THE BACK OF THE SCHOOL. THIS AREA IS FOR EMERGENCY VEHICLES ONLY.



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APPENDIX 1: ORDER OF EVENTS

Girls & Mixed Event #	Session 1 Events	Boys Event #
1	Open 8 & Under 100 Medley Relay	-
2	Open 9-10 200 Medley Relay	-
3	8 & Under 100 Freestyle	4
5	8 & Under 100 Individual Medley	6
7	9-10 100 Individual Medley	8
9	8 & Under 25 Freestyle	10
11	9-10 50 Freestyle	12
13	8 & Under 25 Butterfly	14
15	9-10 50 Butterfly	16
17	8 & Under 50 Freestyle	18
19	9-10 100 Freestyle	20
21	8 & Under 25 Backstroke	22
23	9-10 50 Backstroke	24
25	8 & Under 25 Breaststroke	26
27	9-10 50 Breaststroke	28
29	Open 8 & Under 100 Freestyle Relay	-
30	9-10 200 Freestyle Relay	31
32	10 & Under 200 Freestyle (Limited to 3 heats)	33
34	9-10 100 Backstroke	35
36	9-10 100 Breaststroke	37
38	9-10 100 Butterfly	39



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APPENDIX 1: ORDER OF EVENTS

Girls & Mixed Event #	Session 2 Events	Boys Event #
40	Open 11-12 200 Medley Relay	-
41	Open 13 & Over 200 Medley Relay	-
42	11-12 200 Freestyle	43
44	13 & Over 200 Freestyle	45
46	11-12 200 Individual Medley	47
48	13 & Over 200 Individual Medley	49
50	11-12 50 Freestyle	51
52	13 & Over 50 Freestyle	53
54	11-12 50 Butterfly	55
56	13 & Over 100 Butterfly	57
58	11-12 100 Freestyle	59
60	13 & Over 100 Freestyle	61
62	11-12 50 Backstroke	63
64	13 & Over 100 Backstroke	65
66	11-12 50 Breaststroke	67
68	13 & Over 100 Breaststroke	69
70	Open 11-12 200 Freestyle Relay	-
71	Open 13 & Over 200 Freestyle Relay	-
72	Open 1000 Freestyle	-
73	Open 200 Backstroke	-
74	Open 200 Breaststroke	-
75	Open 200 Butterfly	-



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APPENDIX 2: YMCA SANCTIONED MEET DECLARATION FORM

(Note: Return signed Declaration form to the meet director)

Participating YMCA: _____

YMCA Address: _____

Meet Name: Turkey Turn Invitational

Meet Date(s): November 16, 2024

Meet Host: Fulton Speed Demons

Meet Location: Granby Elementary School

We the undersigned attest to the following:

SWIMMERS - All swimmers representing the YMCA above are full privilege members of this YMCA and meet the eligibility requirements. All swimmers age 18 and older have completed Child/Athlete Protection Training within the past 12 months.

COACHES - All coaches representing the YMCA above have completed the annual YMCA coach registration and hold current certifications in: BLS (Professional Rescuer CPR), First Aid, Safety Training for Swim Coaches, Child/Athlete Protection Training, Principles of YMCA Competitive Swimming and Diving.

INSURANCE - Our Association now has insurance coverage for representative(s) including participants, coaches, volunteers and leadership who will be in attendance at the TURKEY TURN INVITATIONAL for the entire period of the meet. I hereby certify that YMCA has a minimum of \$1,000,000/\$2,000,000 in liability insurance that covers our participants, coaches, volunteers and leadership during their participation in the TURKEY TURN INVITATIONAL.

RELEASE - In consideration of your accepting this entry, I hereby, for myself, heirs, executor and administrators, waive and release any and all right and claim for damages I may have against the YMCA of the USA, FULTON YMCA/FULTON SPEED DEMONS, their agents, representatives or assigns, and GRANBY ELEMENTARY SCHOOL for any and all injuries which may be suffered by participants at the TURKEY TURN INVITATIONAL. Furthermore, we understand that the YMCA of the USA and FULTON YMCA/FULTON SPEED DEMONS are not responsible for any intended or unintended consequences related to removing an athlete from competition for a head injury. This includes, but is not limited to, any financial reimbursement associated with such removal.

Name and Signature of Head Coach

Name and Signature of YMCA Executive Director or Designee



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COACHES ATTENDING THE MEET

Team: _____

Team Acronym: _____

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

I attest to the fact that all coaches listed above have the proper credentials (Life Guarding or safety training for swim coaches, CPR, First Aid and required YMCA credentials) to be on deck at the Turkey Turn Invitational held at the Granby Elementary School on Saturday, November 16, 2024. All coach certifications will be checked at the YMCA approved coaches list.

Head Coach: _____
(signature required)



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ENTRY SUMMARY SHEET

Team Name: _____

Head Coach's Name: _____

Cell Phone: _____

Email Address: _____

#Girls _____ #Boys _____ #Total Swimmers _____

#Total Swimmers x \$7.00 deck fee = Total deck fees due \$ _____

#Total Individual Events x \$5.00 event fee = Total event fees due \$ _____

#Total Relays x \$20.00 relay fee = Total relay fees due \$ _____

Total overall amount due for deck fees/event fees/relay fees = \$ _____

Head Coach Signature: _____

After emailing entries in, the following documents must be sent and post marked no later than November 8th to the address listed below:

1. Entry summary sheet
2. Coaches' attendance sheet
3. Release declaration
4. Enclosed check made payable to "Fulton YMCA Speed Demons"

Address to mail to:

Fulton YMCA Speed Demons
c/o Lisa Doran
1742 County Route 6
Fulton, NY 13069